



FAIRVIEW
Families & Friends, Inc.

NEWSLETTER

Located at Fairview Developmental Center A State Residential Facility for the Developmentally Disabled
2501 Harbor Boulevard, Costa Mesa, California 92626-6143

WWW.FAIRVIEWFAMILIESANDFRIENDS.ORG

(714) 751-2344 - We will respond to your message at the earliest possible time.

October & November 2015

Fall Festival!

SUNDAY, November 8, 2015, at 10:00 a.m.

Large Classroom in Administration Building - everyone welcome!

FUN, GREAT FOOD, SUPER PRIZES!

NO FORMAL SPEECHES!

Just a few words of welcome and a delicious luncheon!

!

ANNUAL FUNDRAISING DRAWING!

GREAT PRIZES! LOTS OF LUCKY WINNERS!

**\$500 1st Cash Prize! \$50 2nd Cash Prizes! \$50 Gas Certificate
Restaurant Gift Certificates! Merchandise Cards!**

AND MORE!!!!

PLAN TO BE HERE!

EXCITING DOOR PRIZES FOR ATTENDEES!

Winners Need Not Be Present –

EACH LUCKY WINNER WILL BE NOTIFIED AND PRIZE DELIVERY ARRANGED!

You can't be a winner if you don't enter!

CALL OUR FFF OFFICE for RAFFLE TICKETS (714) 751-2344



www.CASHPCRfamilies.org

Information about Developmental Center closures and community transitions for Fairview and Porterville families

Are you interested in learning more about the upcoming closures of Fairview and Porterville? Where are the residents going to go, and how will community care differ from DC care? What about the different community residential settings for people with developmental disabilities – specifically those who are leaving a Developmental Center? How are community homes monitored – who checks them out, and how often? What are Day Programs like in the community – and how do the residents get to them? What about religious services in the community – are they available for people with developmental disabilities? What is Self-Determination and could this program help my relative? What is the required training for community staff? What are Non-Profit Housing Corporations and how do they affect community placements for DC movers? How are DC movers monitored? How much money is California investing in the DC closures?

If you are family to a Developmental Center resident, you may have these questions and many more about the impending closures of the DCs. Fairview Social Workers, and Regional Center Caseworkers have a lot of information for you, specific to your relative and the closure overall. In addition, so does CASHPCR, one of the family groups that has represented Fairview and other DC families for many decades. Several Fairview (and Porterville) family members serve on the CASHPCR Board, and we have a commitment to Developmental Center residents that does not end with the closure of the Centers.

The CASHPCR Families website will have ongoing information on the DC closures and community placement. The website is currently under development and expected to be up and running in the next few weeks, but in the meantime, here is how you can make sure you get all of the news and reports:

- Email us at cashpcrfamilies@gmail.com – we will notify you when the website is operational, and also email you each new article as it is posted on the website.
- Don't use email? Send us a letter giving your preferred address, and we will send you each article by regular mail.

CASHPCR Families
1812 W. Burbank Boulevard #5017
Burbank CA 91506

Let us know your questions, and suggestions for future articles.

Update on DC Closures –

From the DDS website - <https://dds.ca.gov/DevCtrs>

The Developmental Center Closure/Transformation—

The Department has announced preparations to initiate the closure planning process for the three remaining DCs--Sonoma, Fairview and the General Treatment Area of Porterville. The Department will submit a closure plan to the Legislature on October 1, 2015 with the goal of closing SDC by the end of 2018. The closure of FDC will follow the closure of SDC and lastly the closure of the General Treatment Area of PDC.

Sonoma Developmental Center - *The Plan for the Closure of Sonoma Developmental Center* has been submitted to the California Legislature for approval, after several required public meetings with residents, staff, families, service providers, Regional Centers, local elected officials and others. The Plan includes elements from the Agnews DC and Lanterman DC closures. The legislature is expected to approve the Plan in the near future, and specific closure activities will begin, including developing community services and establishing the Resident Transition and the Quality Management Advisory Groups. Families can participate in these groups. Information on the Sonoma closure can be found on the DDS website at www.dds.ca.gov/SonomaNews. Information from the perspective of the Parent Hospital Association (Sonoma's family group) can be found at their website at www.parenthospitalassociation.org.

Fairview Developmental Center and Porterville Developmental Center – Although their Closure Plans have not yet been developed, it is expected that they will overlap the closure of Sonoma. Community placements of Fairview and Porterville residents continue as usual (*Fairview population is 263, down from 296 at the beginning of the year*). Local Regional Centers are using start-up funds to develop specialized residential, medical, and day program services. These funds are from the Community Placement Plan (CPP) using the Comprehensive Assessments of DC residents to determine which services need to be developed for community placements.

Samantha Steele Introduces the Regional Project to Fairview Families

Samantha Steele, Director of the South Coast Regional Project/Lanterman Regional Project, was the featured speaker at the September 20 FFF meeting. Samantha, who started her 30+ year career with DDS as a Psychiatric Technician trainee at Lanterman, is responsible for community transition for Fairview clients, along with follow-up for many former Fairview and Lanterman clients. Samantha shared information with families on Comprehensive Assessments (families should review carefully and give their input), the different types of community placements (including medical model homes, behavioral supports homes, homes for the elderly, and other models), how community homes are monitored (by the Licensing agency, Regional Centers, and Samantha and her staff, and others), and much more. Samantha stressed that the Regional Project has an "Open Door" policy and families can feel free to contact the office with their questions.

Self-Determination Update

Self-Determination – SDP "...to provide consumers and their families with more freedom, control, and responsibility in choosing services and supports to help them meet objectives in their Individual Program Plan."

<https://dds.ca.gov/sdp/index.cfm>

- ❖ check out the YouTube video on Self-Determination available on the DDS website! Includes individuals and families from the pilot program who have benefited from this program for many years!
- ❖ The Center for Medicare and Medicaid Services (CMS) which funds many services for people with disabilities is reviewing California's revised SDP application – planning and preparation continues on the local level during this review period.
- ❖ The local volunteer SDP advisory groups for each Regional Center have all been formed and have had at least one meeting. These groups will provide oversight of the program at each RC and help develop training materials. The meetings are open to the public, so contact your RC if you are interested in attending and learning more about this program.

REMINDER FOR CANDIDATES FOR 2016 BOARD OF DIRECTORS

The deadline date to nominate candidates for the 2016 FFF Board of Directors is DECEMBER 31, 2015. This deadline also applies to nominating Directors from the current Board to serve in 2016. Individuals may nominate themselves. Please send names of nominees to:

MIKE POWELL, Chair of the 2014 Nominating Committee

2024 South Loara Street, Anaheim, CA 92802

962 homes – ARFPSHN homes – 853 homes What are they??

Different names for the same thing – an **Adult Residential Facility for Persons with Special Health Care Needs**, first created with Senate Bill **962** for persons moving out of Agnews DC, and then expanded under Senate Bill **853** to serve about 60 Lanterman movers. Now available for Fairview and other DC movers, the homes provide 24-hour licensed care in a home-like setting, usually for 5 people with “stable but enduring health care needs.” The homes are commonly set in neighborhoods, and are able to accommodate wheelchairs and other equipment in the open and inviting common areas and outside patios, along with individual personalized bedrooms. These homes may have RNs, LVNs, and Psychiatric Technicians, along with support from MDs, physical and occupational therapists, behavioral therapists, speech language pathologists, respiratory therapists, dieticians, and others. The annual cost of this care is about \$245,000 per resident. Statewide, there are **38** ARFPSHNs in operation, and another **39** in development.

Residents may be eligible for admission if they meet the health criteria, specifically in the areas of Intensive Support Needs and also Special Health Care Needs. At least FOUR (4) Intensive Support Needs are required, from this list of “conditions requiring physical assistance in performing these activities of daily living”:

- | | |
|------------|----------------|
| * Eating | * Transferring |
| * Dressing | * Toileting |
| * Bathing | * Incontinence |

ONE (1) Special Health Care Need is required, defined as “health conditions that are predictable and stable, as determined by the individual health care plan team, and for which the individual requires nursing supports.” The eligible Special Health Care Needs are:

- Nutrition support, including total parenteral feeding and gastrostomy feeding, and hydration.
- Cardiorespiratory monitoring.
- Oxygen support, including continuous positive airway pressure and bilevel positive airway pressure, and use of other inhalation-assistive devices.
- Nursing interventions for tracheostomy care and suctioning
- Nursing interventions for colostomy, ileostomy, or other medical or surgical procedures
- Special medication regimes including injection and intravenous medications
- Management of insulin-dependent diabetes
- Manual fecal impaction, removal, enemas, or suppositories
- Indwelling urinary catheter/catheter procedure
- Treatment for staphylococcus infection.
- Treatment for wounds or pressure ulcers (stages 1 and 2).
- Postoperative care and rehabilitation.
- Pain management and palliative care
- Renal dialysis

Residents who are not eligible for ARFPSHN homes but still require specialized care for their health needs may be served in other licensed models, such as Specialized Residential Facilities, and the three types of Intermediate Care Facilities, including the Habilitative, Nursing, and Continuous Nursing models.

FFF MEETING DATES FOR 2016!

January 10 March 13 May 15 July 17 September 18 Fall
Festival November 20

FFF meetings are open to everyone, including Fairview employees!

Checklist for DC Families – Make sure YOU are up to date!

Conservatorship of your family member – is it current?

Your Regional Center – do you know which RC serves your family member?

Your contact information – does your FDC Social Worker and RC Case Worker have your full contact information – phone numbers, email, address, etc?